



Don't get a shock, know your benefits!

Join us for the 14th Annual Benefit Fair!!

Saturday, October 22, 2016 at the LU 134 Union Hall,
600 W. Washington from 8:00am—2:00pm

Meet with your Benefit Providers:

- ⇒ BlueCross BlueShield
- ⇒ CVS/Caremark
- ⇒ John Hancock – your new PP No. 5 service provider
- ⇒ VSP

Get a free shot: Flu, Pneumonia and/or Tetanus* will be available to all Covered Participants (Active and Retired) and their covered spouses only, not available to children. **New this year** - we will be offering a high dose version of the flu shot for those 65 and older. *Shots will be given on a first-come/first-served basis. You must present your Blue Cross ID and a photo ID in order to receive a shot.

Have a Biometric Screening* to learn your Blood Pressure, Blood Sugar Level, Cholesterol, BMI and review your results with a Screening Professional. Male Participants can also receive a PSA Screening. *Available to all Cover Participants (Active and Retired) and their covered spouses only. You must present your Blue Cross ID and a photo ID in order to receive a screening.

You can also:

- ⇒ **Enjoy a Free Chair Massage!**
- ⇒ Meet with Megent Retirement Consultants.
- ⇒ Make a blood donation with LifeSource.
- ⇒ Verify your hours and update your personal information.
- ⇒ Renew your license/state ID card or license plate stickers with the IL Secretary of State.
- ⇒ **Enter to win a \$25 Jewel Gift Card!**
- ⇒ Get your LMCC Certification Card.