ERS

Employee Resource Systems, Inc.

EMPLOYEE
ASSISTANCE
PROGRAM
SEP. 2017

It is estimated that more information has been created in the last 10 years than was created in all of humankind before that. All of this information is constantly coming at us in the form of texts, tweets, e-mails, and videos. But how to sort through it all? Your Employee Assistance Program is a great place to start. Our consultants can help you find the information on search engines, online resources, local libraries, and our own website.

ONLINE SEMINAR

Information Overload

Managing the enormous amount of information that is thrown at us is difficult. Understand what contributes to information overload and apply tips and tools for effectively managing information.

Available on Demand Starting September 19th

Online seminars can be found on your home page, or you can search for them by title.

Go to www.ers-eap.com, enter your company's username and password then look for the SEMINAR link in the middle of the page.

TOLL-FREE: **800-292-2780**
WEBSITE: **www.ers-eap.com**

Available anytime, any day, your Employee Assistance Program is a free, confidential service to help you balance your work, family, and personal life.

TMI

Find your way
to the right
resources