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Get Ready for the 12th Annual Benefit Fair!

Please join us for the 12th Annual Benefit Fair on Saturday, October 25, from 8 a.m. to 2 p.m. at the Union Hall, hosted by EIT and Local 134. Don't miss this valuable opportunity to receive important health services and find benefits information, at no cost to you!

Here's what you'll find at this year's Benefit Fair:

■ Biometric screening

This free, 15-minute screening can help identify potential health conditions before they become a serious health risk. The screening measures your height, weight and Body Mass Index (BMI), as well as your blood pressure, cholesterol and blood sugar. Afterward, a screening professional will go over your results with you and help answer your questions.

If you are a male age 50 or older, you can also receive a prostate screening.

■ Flu shot

The Centers for Disease Control and Prevention (CDC) recommends annual flu vaccinations for everyone age 6 months and older. The flu shot is especially important for people who are at high risk of flu complications, including pregnant women and older adults.

* *Please note: We are unable to offer flu shots to children of covered participants.*

Source: Centers for Disease Control and Prevention (CDC)

IMPORTANT!

Complimentary flu shots, tetanus shots and/or pneumonia vaccines are available to **covered participants and their covered spouses** on a first-come, first-served basis. To take advantage of these free services, you must provide your Blue Cross Blue Shield of Illinois ID card and a current ID that lists your date of birth.

MARK YOUR CALENDARS!

What: The 12th Annual Benefit Fair

When: Saturday, October 25, 8 a.m. to 2 p.m.

Where: Local 134 Union Hall, 600 W. Washington Blvd.

■ Tetanus shot **NEW FOR 2014!**

Thanks to the tetanus vaccine, this painful bacterial infection is now preventable. You can receive a free tetanus shot at this year's Benefit Fair to help make sure that you're protected. You should consider getting the shot if:

- You did not receive a primary series of tetanus shots as a child,
- You have not had a tetanus booster in the last 10 years, or
- You have recently recovered from tetanus.

Source: WebMD

■ Pneumonia vaccine

You and your covered spouse can receive a free pneumonia vaccine. The vaccine is for immunization against serious infections in the blood, brain and upper respiratory tract. Consider getting this free vaccine if you are:

- Age 19 to 64 with a medical condition such as: kidney disease, asthma, chronic heart or lung disease, asplenia, a condition that weakens the immune system, or you are a tobacco smoker; or
- Age 65 or older and it has been five years since your previous pneumonia vaccine.

Source: Mayo Clinic 

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Talk to Your Benefit Providers

Also during the Annual Benefit Fair, EIT and Local 134 staff will be available to help answer any questions you may have. You can also meet with representatives from:

- Blue Cross Blue Shield of Illinois
- CIGNA Behavioral Health
- CVS/Caremark
- Mercer
- VSP

WIN A GIFT CARD!

You could win one of five \$25 Jewel gift cards! Be sure to get your ticket when you sign in at the Welcome Desk. Drawings will be held each hour beginning at 9 a.m. You must be present to win.

Get Answers to Your Benefits Questions

Have questions about your benefits and aren't sure who to call? Use this handy list to find all your provider information in one place.

Medical and Dental		
 Blue Cross Blue Shield of Illinois For filing a medical claim: P.O. Box 805107 Chicago, IL 60680 For filing a dental claim: c/o DNoA P.O. Box 23059 Belleville, IL 62223 www.bcbsil.com	Customer Service	(800) 862-3386
	List of Medical Providers	(800) 810-2583
	Medical Service Advisory	(800) 635-1928
	Dental and Orthodontia	(800) 862-3386
Prescription Drug		
 CVS Caremark For filing a claim: P.O. Box 52116 Phoenix, AZ 85072 www.caremark.com	Customer Service	(800) 566-5693
	Pharmacist Help Line	(800) 345-5413
	Mail Order	(800) 966-5772
Behavioral Health and Substance Abuse		
 CIGNA Behavioral Health For filing a claim: P.O. Box 18807 Chattanooga, TN 37422 www.cignabehavioral.com	Customer Service and Members Assistance Program	(888) 218-7210
Vision		
 Vision Service Plan (VSP) No claim forms are required www.vsp.com	Customer Service	(800) 877-7195
Fund Office		
 Electrical Insurance Trustees (EIT) Additional questions and requests for information www.fundoffice.org	Representatives	(312) 782-5442



Changes to Your Benefits

There have been some recent changes to EIT's benefits, which are summarized below. If you have questions about any of these changes, please call the Fund Office at (312) 782-5442.

Supplemental Unemployment Benefit Plan

For layoffs occurring on or after May 1, 2014, Supplemental Unemployment Benefit (SUB) Plan participants are **no longer required to meet the 320 contributed hours rule in order to continue an existing claim**. However, if the existing SUB claim has been inactive for more than 365 days, the participant must re-qualify with 1,040 contributed hours.

Other recent changes:

- Participants have **14 days** from the date of layoff instead of seven days to submit their SUB application in order for benefits to begin with the eighth consecutive day of unemployment.
- If the participant's State Unemployment Compensation Benefits are exhausted, the Fund will provide a **one-time** affidavit in order to continue the SUB claim. This is subject to the terms of the affidavit.

New SUB Plan Documents/Summary Plan Descriptions were mailed to Construction and Communication participants in September.

Retirement Health Reimbursement Account for Communication Participants

There have been two recent changes to the Retirement Health Reimbursement Account (HRA) for Communication participants.

- Due to significant changes made by the Affordable Care Act, the hourly contribution to the Communication HRA plan has been reallocated to Pension Plan No. 5. This change took effect with the June 2014 contributions and will continue for all future contributions.
- Beginning January 1, 2015, all **Communication HRA participants, with a balance in their plan account as of June 30, 2014, will be able to submit requests for reimbursement** of qualified medical expenses from their HRA account. Currently, participants are required to wait until age 62 to be eligible for reimbursement.

Communication HRA participants will receive more information about these changes by mail in the coming months.

Note: If there is any conflict between these summaries and the official Plan documents, the provisions in the official Plan documents will govern.

WOMEN'S HEALTH BENEFIT NOTICE

Each year, we are required by federal law to notify participants that certain mastectomy procedures are covered by the EIT Health & Welfare Plans. These procedures include:

- Reconstruction of the breast on which the mastectomy has been performed.
- Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- Prostheses and treatment of physical complications of all stages of mastectomy, including lymphedemas.



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Plugged In: Meet New EIT Board Chairman Ken Bauwens

It's only been a matter of months since Ken Bauwens was voted in as the new Chairman of EIT's Board of Trustees, but after almost 15 years on the Board, Ken has hit the ground running. Ken believes this is due in large part to the many years of mentoring from his predecessor, Bill Divane. "Bill's knowledge, guidance, and expertise have been invaluable to me," Ken says. Ken is especially excited to take a role in the successful traditions at EIT and to continue working with the great people in the Fund Office and in the field. "Seeing the great work our people do to contribute to the industry is just really rewarding."

Ken officially joined the family business, Jamerson & Bauwens Electrical Contractors Inc., in 1982, starting out as an engineer and worked his way up through management. Currently, Ken oversees operations and strategic planning as well as helping out with some of the

company's projects. He also serves on the Board of Directors for the International Foundation of Employee Benefit Plans (IFEBP) and feels this experience enhances his ability to serve on the Board at EIT.

Outside of work, Ken enjoys traveling with his wife Karen and getting in an occasional round of golf. And, with the Blackhawks' and Bulls' seasons coming up, Ken hopes to cheer the teams on to a couple of championships at the United Center. 

